



*Collaboration for Maternal and Newborn Health:
An Interprofessional Initiative*



Biographies of Presenters

Elaine Carty

Elaine Carty is Director of the Midwifery Program in the Department of Family Practice, Faculty of Medicine and a Professor in the School of Nursing. She did her nursing at the University of New Brunswick and graduate work in nursing and midwifery at Yale University. Over the years, she has studied the integration of midwifery in to the British Columbia health Care System and was one of the founding members of the early midwifery pilot project (1982) at the then Grace Hospital in Vancouver. She is currently working with the Evaluation team for the South Community Birth Project in Vancouver. In addition, she continues her work using semiotic analytic techniques to examine messages and meanings in advertising and popular culture around women's health and birth. She has published papers in midwifery, nursing and law journals.

Dr. Jan Christilaw

Dr. Jan Christilaw is Past-President of the Society of Obstetrician-Gynecologists of Canada. She is presently Head of Specialized Women's Health at BC Women's Hospital, Vancouver, BC, where she recently chaired a Task Force looking at the issue Cesarean Section on Demand, and has spoken widely on the subject provincially, nationally, and internationally. She serves as a member of the Expert Advisory Panel to CIHI (Canadian Institute for Health Information) in matters of Obstetrical care and its provision in the Canadian Health Care system.

She is also a Clinical Professor in the Department of Obstetrics-Gynecology at UBC. She is a member of the SOGC working group on Menopause and the WHI. She maintains a small clinical practice in White Rock, BC where she continues to do Obstetrics and Gynecology at Peace Arch Hospital.

At present, she chairs the Ethics committee of the SOGC, and also sits as a member of the Ethics committee of BC Women's Hospital. She is the past chair of the Women's Health Policy Committee of the SOGC. She represents the National Specialty Societies on Task Force 2, a joint committee of CMA and Royal College. She is the chair of the Reproductive Health Advisory Network for Planned Parenthood. She has recently completed a Masters of Health Science and Epidemiology at UBC.

She is married to Warren Bourgeois, who teaches Philosophy at Kwantlen University College, and has two sons, David age 16, and Timothy age 10. She is a founding member of International Physicians for the Prevention of Nuclear War, and Physicians for Social Responsibility. She plays piano and Celtic harp in her spare time.
Hons BSc. Waterloo: 1978.
MD: McMaster 1981
Residency: Ob-Gyn, UBC 1981-86.
Masters of Health Science UBC 2003.

Dr. Marie-France Delisle

Dr. Marie-France Delisle was born and raised in Quebec City. She completed medical school and residency training in Obstetrics and Gynecology at Laval University in Quebec City from 1988 to 1997. She then came to Vancouver and completed her fellowship training in Maternal Fetal Medicine at B.C. Women's Hospital from 1997 to 2000. In September 2000, Dr. Delisle accepted a position as one of the staff Perinatologists in the Division of Maternal Fetal Medicine at Children's & Women's Health Centre of B.C. She is currently a Clinical Assistant Professor in the Department of Obstetrics and Gynecology, University of British Columbia and is the Site Director of the OB/GYN Medical Student Rotation.

Her major areas of interest are: prenatal diagnosis, multicenter clinical trials, invasive procedures, multiple pregnancy and medical education.

Ruth Dueckman BSN, RN

Ruth graduated from the University of British Columbia in 1997 and has worked at BC Women's Hospital in labour and delivery (L&D) since 1998. In her role in L & D, Ruth has preceptored nursing and medical students. In September 2003 Ruth coordinated a new program supporting better integration of third year medical students by preceptoring them with Delivery Suite nurses. Ruth provided the hospital orientation to medical students and devised the schedule for nurses and medical students to work together. A clinical learning pathway was developed as well as a workshop for nurses to address the specialized learning needs of medical students.

Currently Ruth is a Program Coordinator in the Birthing Program, responsible for policy and procedure development, staffing and bed utilization as well as participating in interdisciplinary projects.

Dr. Murray W. Enkin

MURRAY W. ENKIN, MD, FRCS(C), FACOG, LLD, DSc. is senior consultant to the Program in eHealth Innovation at the University of Toronto Health Network, and Professor Emeritus in the departments of Clinical Epidemiology and Biostatistics, and Obstetrics and Gynecology, McMaster University. He has been a rural family doctor, an obstetrician/gynecologist, and a health care researcher, and has made major contributions in at least three areas: family centred maternity care; evidence-based medicine; and eHealth innovation.

After graduation from medical school at the University of Toronto in 1947, and interning for two years in Vancouver, Murray Enkin practised as a family doctor in rural Saskatchewan. He commenced his specialty practice in Hamilton, Ontario, and became the departmental chief of Obstetrics and Gynaecology at St. Joseph's Hospital. In that capacity he initiated the first effort in Canada to involve husbands and partners in preparation for and participation in childbirth, and to invite fathers into the delivery room. He also successfully challenged many common interventions in obstetrical care for which no evidence of benefit existed, and played a major role in the introduction and legalization of midwifery in Ontario, and in Canada as a whole.

Dr. Enkin was appointed to the faculty of the new McMaster Medical School shortly after the school was opened. Recognizing the fallibility of knowledge in his field, he embraced the concept of evidence-based medicine long before its wave of popularity. He helped to develop in Oxford, with (now Sir) Iain Chalmers the first register and regularly updated database in the world of controlled trials in an entire specialty in health care - perinatal medicine. A spin off from that work was a book entitled 'A Guide to Effective Care in Pregnancy and Childbirth', now in its third edition, which brings the best available evidence to childbearing women and busy primary care practitioners. The experience gained by the work of Dr. Enkin and his colleagues provided the foundation and the model for the Cochrane Collaboration. <> Acknowledging his contributions not only as a clinician, educator and researcher, but also as a humanist, McMaster University initiated, in 1999, the *Murray and Eleanor Enkin Lectureship on Humanitarianism in Health Care*.

In recent years, Dr. Enkin has widened his areas of interest, studying and teaching population health, and the philosophy of science in health research. As he became more aware and concerned about the limitations, as well as the strengths, of evidence-based medicine as currently conceived, he began to explore other avenues for the creation, use, exchange and uptake of health knowledge.

Jag Gill

Jag Gill is a community health nurse at the South Community Health Office and an integral member of the South Community Birth Program. She brings to the program her experience working with the diverse population of South Vancouver, which includes families from Chinese, Philipino, First Nations, Korean, Vietnamese, South Asian and many, many more cultures . She has been an asset working with the South Asian community as she brings her skills of being culturally aware of norms and beliefs around childbirth and child care and her fluency in Punjabi. Jag's educational background includes a Bachelor's of Science in Nursing from the University of Victoria and she is currently pursuing her master's degree in nursing at the University of British Columbia. Jag has been a part of the South Community Birth Program for a year now and has developed a true passion around the concept of Centering Pregnancy.

Dr. Stefan Grzybowski MD, CCFP, MCISc, FCFP

Dr. Stefan Grzybowski is a family physician researcher and the Director of Research for the University of British Columbia's Department of Family Practice. Prior to moving to UBC, Dr. Grzybowski practiced as a family physician for twelve years on the Queen Charlotte Islands / Haida Gwaii. Dr. Grzybowski's current research focuses on the study of rural primary care and rural maternity care in British Columbia. He is committed to building research capacity in family medicine and has a long standing interest into the safety or rural maternity care. Dr. Grzybowski is the co-principle investigator of the Rural Maternity Care New Emerging Team.

Philip F. Hall, MD BScMed FRCSC

- Assistant -> Associate Professor, Faculty of Medicine, University of Ottawa 1980-9
- Professor, Obstetrics & Gynaecology, Faculty of Medicine, University of Manitoba 1989-present
- Professor, Faculty of Medicine, University of Manitoba
- *(Department of Obstetrics & Gynaecology, Division of Maternal & Fetal Medicine)*
- Director, Maternal & Fetal Medicine (U of M), Fetal Assessment and Manitoba Obstetric Outreach Programs, at St.Boniface General Hospital *(full time University appointment involving prenatal diagnosis and assessment, teaching, research and publication)*
- President of Medical Staff, St. Boniface General Hospital (2004-6)
- Past Chair, Specialty Committee in Obstetrics & Gynaecology, Royal College of

- Physicians and Surgeons of Canada (*Canada=s national Aparent body@ for the Obs & Gyn specialty*), Past RCPSC Chief Examiner ObsGyn
- *Education*
 - *BScMed* - McMaster University, Hamilton Ontario Canada 1966-70 - Hons, Science, Psychology
 - *Thesis - Operant conditioning (Carnauba pigeon, even denser than Dubya)*
 - *MD* -McMaster University >73
 - Internship & Residency in Obs & Gyn - McMaster - 1973-8
 - *FRCSC and specialist certificate (RCPSC) 1978*
 - Fellowship - Maternal & Fetal Medicine (*Obstetric Perinatology*) University of Toronto 1978-80
 - Physician Manager Institute (PMI) Parts I-IV & refresher CMA

Personal Stuff

- Married to *Judith* (Leslie), in Rainhill England 1979
- Father of *Nicholas* (BSc Psychology & Neurosciences McGill >02, currently Cerebral Palsy Quality of Life Project Coordinator, McGill University Health Research Institute @ Montreal Children's Hospital) & *Ashleigh* (5th year Recreation Studies University of Manitoba)
- Languages spoken - English, French, German
- Areas of putative expertise other than Maternal & Fetal Medicine - debatable, but have presented various public lectures based on 30 years of research about Tom Thomson, have written about and studied Shakespeare and his era moderately extensively, and have written a book about historic relationships between this, that and the other thing
- Board Chair, Shakespeare in the Ruins <www.shakespeareinruins.com>
- Former Board Chair, St. John=s-Ravenscourt School, Winnipeg
- Sometime musician (piano & keyboard, ARCT Aperformer@ level); past member, Winnipeg Symphony Orchestra Board, Program and Artistic Director Search Committees
- Other interests - reading, writing, thinking, ranting, history, Tom Thomson, canoeing, diving, building birdhouses; most eccentric hobby- collectsAOdd Ends@ [strange deaths])
- Noteworthy relatives other than parents: maternal uncle Russell Reynolds designed the ill-fated AVRO Arrow=s Iroquois Engine turbine; late Grandfather Frederick W. Hall was one of the municipal Reeves who together founded AMetropolitan@ Toronto
- However - Yellow lab *Morgan* (Whitemouth Winter=s Whey) , granddaughter of famous
- *Champion Sandylands Mark* makes Phil's pedigree utterly boring in comparison

Dr. Wendy Hall RN, PhD

Dr. Wendy Hall is Associate Professor in the UBC School of Nursing. She received her Bachelor of Nursing degree from the University of Manitoba (1974), her Master of Science in Nursing from the University of British Columbia (1986), and her PhD in 1999 from the University of Manchester. Dr. Hall sits as a committee member on the Committee for Interdisciplinary Support and Education for the British Columbia Reproductive Care Program. Her research area focuses on the transition to parenting, specifically, how dual-earner families manage work and family life, infant and toddler behavioural sleep problems, and breastfeeding in the full term and pre-term infants. Dr. Hall has been involved in international research collaborations with the Telethon Institute for Child Health Research in Perth, Australia and Dr. Anat Scher in Haifa, Israel. At UBC she teaches maternal-child nursing and research methodologies. She also has a clinical practice assisting parents with infant and toddler sleep problems. Dr. Hall is one of the Directors on the Collaboration for Maternal and Newborn Health.

Dr. Sue Harris

Dr. Sue Harris has been Head of the Department of Family Practice at Children's & Women's Health Centre of B.C. since 2002. She received her B.Sc (Physical Therapy) from McGill University and her M.D. from McMaster University. She moved to the West Coast of B.C. to intern at the Royal Columbian Hospital and has been in clinical practice since 1976. In 1986 she received her CCFP. She continues to have an active Family Practice at the teaching unit at BC Women's. She is a Clinical Professor in the Department of Family Practice at the University of British Columbia.

From 1995 to 2000 she was a Medical Program Director of the Birthing Program at BC Women's Hospital. She has been involved in a number of initiatives including the Assessment Room Task Force, Single Room Maternity Care, First Births Initiatives and Healthy Beginnings Evaluation. Dr. Harris was the chair of the Maternal, Fetal, Newborn Quality of Care Committee at Children's and Women's Health Centre from 1999 to 2001, and Chair of the C&W Quality of Care Committee from 2001 to 2003. She has published on the subjects of Quality Improvement, Single Room Maternity Care and Antenatal Care. Sue is a member of BC Women's Family Practice Maternity Service, She continues to attend births and considers it a privilege and honour to provide care to women and their families.

She is currently Co-Director (with Lee Saxell) of both the South Community Birth Program, a collaborative maternity care project, and the Collaboration for Maternal and Newborn Health. She is a member of the General Practice Services Committee as well as the Multidisciplinary Collaborative Primary Maternity Care Project. She is married to Ron, a child psychiatrist. They have 2 sons and a daughter.

Dr. Michael Klein

Dr. Klein is Emeritus Professor of Family Practice and Pediatrics at UBC. Originally a paediatrician and neonatologist, Dr. Klein switched to family practice in the early 1970s and has been heading a department of family practice since 1971. He says that he ought to have had his head examined. He has worked with midwives since being taught by them in Ethiopia in the early 1960s and worked for legalization of midwifery since the 70s and a supporter of the Doula movement since it began. He has been researching normal maternity for ever and continues an active research in maternity care you call this retirement). He is the author of more than 100 articles and research studies. He is a grandfather of 11 month Zoe-Anne, married to Bonnie and father of Seth and Naomi.

Dr. Jude Kornelsen

Dr. Jude Kornelsen is a sociologist who focuses on the study of contemporary childbirth. Since 1992, she has been actively involved in facilitating and advocating for the implementation of midwifery across Canada with a particular interest in exploring differences between home and hospital birthing. For the past three years, Dr. Kornelsen's research has been focused on advancing the rural maternity care research agenda in order to build a stronger understanding of the needs of parturient rural women and their families, and consequently, how these needs can be met. Current funded studies include women's experiences of rural maternity care, policy implications of health care restructuring on rural maternity care, and women's attitudes towards elective caesarean section. Dr. Kornelsen is the co-principle investigator of the Rural Maternity Care New Emerging Team and an Assistant Clinical Professor in the Department of Family Practice, UBC.

Dr. Andrew Kotaska

Andrew Kotaska received his medical degree from U.B.C. in 1992 and spent a one-year rotating internship in Victoria where he met his first midwife. Those were the days when midwifery was unregulated and mostly very motivated, intrepid women sought out their services (for a paltry sum). Women who chose to have a hospital birth required a cooperative GP to legitimize the process and Andrew felt at home in that role. With the 'legalization' of midwifery, he began to collaborate more with midwives until vanishing from the civilized world to practice rural/remote medicine in Northern B.C.

Realizing that basic GP skills were inadequate for rural obstetrics, he sought additional training under the auspices of the United Church Health Services to develop surgical

obstetrical skills, including cesarean section, vaginal twins, and operative deliveries. He then provided these services for six years in Bella Bella and Smithers.

In 2002, he returned with his family to U.B.C. to re-enter a residency in Obstetrics & Gynaecology and become more involved in research in women's health. His areas of interest include the limitations of randomised trials for examining complex phenomena – vaginal breech delivery in particular; the appropriate use of opioids in labour; and the interaction between epidural analgesia, oxytocin and labour outcome.

His goal is to become an academic generalist clinician in a regional centre, with midwives, family physicians, and other obstetricians as colleagues and collaborators.

Kathleen A. Lindstrom

Kathleen is the Perinatal Program Manager responsible for Prenatal and Continuing Education in the Health Sciences Faculty at Douglas College in B.C. She continues to be a doula in private practice and is a Doula of North America (DONA) certified doula and trainer. She has served on the DONA Board of Directors for 8 years, her last two as president. She is also a Lamaze Certified Childbirth Educator with 20 years of experience, teaching prenatal classes, developing curriculum and presenting workshops.

Kathleen has been working with breastfeeding families for 23 years and has been responsible for setting up a number of breastfeeding clinics and training nursing staff. She is responsible for initiating and contributing to the development of the Breastfeeding Counsellor Certificate Program that is offered throughout BC and Canada.

She is a committee member active in the Collaboration for Maternity and Newborn Health (CMNH). She provides doula training twice a year to medical, midwifery and nursing students, is on the faculty for the Multi-Disciplinary Intrapartum Care Workshop and is a co-recipient of an Award of Excellence in Education from Children's & Women's Health Centre.

Kathleen's presentations locally and internationally have been well received and seen as instrumental in changing practice. She enjoys her reputation as "An outstanding leader in the childbirth community". Kathleen is married to Ron and they have four sons and one daughter. She is mother-in-love of one and Mama Toto (grandmother) to one grandson.

Dr. Rob Liston

Dr. Liston is the Head of the Department of Obstetrics and Gynecology UBC and Head of the Department of Obstetrics and Gynecology BC Women's, Vancouver Hospital and Health Sciences Centre, and Providence Hospitals.

Dr. Rob Liston received his MB, ChB from the University of St. Andrews, Scotland in 1971 and training in Obstetrics and Gynecology at the University of Edinburgh and the University of Dundee. He received his membership in the Royal College of Obstetricians and Gynecologists in 1977 and subsequently his FRCSC, FRCOG (London) and American Boards. He came to North America in 1978 as an Assistant Professor at the University of Pennsylvania and then moved to Dalhousie in 1981 where he became Associate Professor in 1988 and Professor in 1996. He was Postgraduate Program Director of Maternal Fetal Medicine, directed the division and was Chief of Obstetrics at IWK Grace Hospital. In addition, he served as a consultant to the Nova Scotia Reproductive Care Program where he developed a keen insight into the obstetrical needs of the whole community. He came to Vancouver in 1998 to take on the responsibility of Head of Obstetrics and Gynecology at the Children's & Women's Health Centre of BC. He is well known in the Canadian Obstetrics and Gynecology community, particularly for his areas of interest in fetal surveillance, labour management, post dates pregnancy and induction. In the past, he was active in the Society of Obstetrics and Gynecology of Canada where, as Chairman of the Maternal Fetal Medicine Committee, he took an active role in the development of clinical practice guidelines. Currently, he contributes to the Canadian Perinatal Surveillance System working towards effective Perinatal Surveillance for Canada.

Dr. Barra O'Briain

Dr. Barra O'Briain was born and raised in New Brunswick and began his gradual migration west during his post-secondary studies. He completed his Bachelor of Science and Degree in Medicine at McGill University. He completed his Residency in Family Practice at the University of British Columbia. Dr. O'Briain was one of the original doctors of the Family Practice Maternity Service clinic starting in 1995. He is Assistant Department Head of Family Practice at Women's hospital coordinating undergraduate education and an Clinical Associate Professor in the UBC Department of Family Medicine. On top of his academic roles, Dr. O'Briain also runs a busy private practice with a heavy emphasis on Obstetrics. His self-proclaimed greatest accomplishment, however, is being the proud father of five wonderful children.

Margaret (Maggie) Quance

Margaret (Maggie) Quance has been a perinatal nurse for many years in Manitoba and Alberta. She is the Patient Care Manager in Labour and Delivery at Foothills Hospital in Calgary and is a PhD candidate in the Faculty of Nursing at the University of Calgary.

Lee Saxell

Lee Saxell is a Registered Midwife and Head of the Department of Midwifery at Children's & Women's Health Centre and Providence Healthcare (St. Paul's Hospital). She qualified as a midwife in 1986 after a clinical internship studying home birth in Holland and at a high-risk center in Germany. She received an M.A. in Midwifery Practice in 1994 from the U.K. where she is currently a PhD candidate. She is a Clinical Assistant Professor in the Division of Midwifery, Department of Family Practice at UBC.

She was chair of the International Congress of Midwives which was held in Vancouver in 1993. She was the Regional Representative for the Americas for the International Confederation of Midwives from 1993 to 1997 and a delegate to the ICM/UNICEF/WHO Safe Motherhood Initiative conference in Uganda in 1995. As a consultant to the Ministry of Health in BC, she helped to design the Home Birth Demonstration Project. Her research interests include maternity providers perceptions of risk, home birth and interprofessional collaborative practice. She is a partner in The Midwifery Group in Vancouver and maintains an active clinical practice. She is delighted to now be attending women giving birth whose mothers she attended when they were born.

She is currently Co-Director (with Sue Harris) of both the South Community Birth Program, a collaborative maternity care project, and the Collaboration for Maternal and Newborn Health. She is married to Phil and they have a son and a daughter.

Vicki Van Wagner RM, PHD (candidate)

Vicki Van Wagner works as a midwife in Toronto and in Nunavik, Quebec. She is an Associate Professor at the Ryerson University Midwifery Education Programme and head midwife at Mount Sinai Hospital in Toronto. Her Master's research focused on community-based midwifery care. She is currently working on her PhD, exploring the application of evidence-based practice in maternity care. Vicki's other research interests include: northern and remote midwifery, the debate about CS by choice, "normal" childbirth and clinical education.

Elizabeth M. Whynot, M.D., M.H.Sc

Dr. Whynot is President of BC Women's Hospital and Health Centre (PHSA). She is Clinical Assistant Professor, Department of Family Practice at the University of British Columbia, and an Associate Member of the Department of Health Care and Epidemiology. Most recently she has been the Chair of the BC Maternity Care Enhancement Project, as well as Chair of the Expert Advisory Group for CIHI Reports: *"Giving Birth in Canada: Providers of Maternity and Infant Care and a Regional Profile"*

Dr. Whynot possesses an MD from Queen's University in 1972; a MHSc. from the University of British Columbia in 1994. She was a Family Physician at the Pine Free clinic from 1973-78 and a Family Physician in private practice from 1979-1990. She founded the Vancouver (now BC Women's) Sexual Assault Service; assisted in both the development of the Sheway Outreach Program for Substance Using Pregnant Women and the development of strategies to address the HIV and Hep C epidemics in Vancouver's Downtown Eastside.

She has had extensive experience as a Medical Health Officer in Vancouver's Downtown Eastside and has held various leadership roles at Children's and Women's Hospital, most recently as Vice President, Women's and Family Health.